

فارسی

ABOUT THE FOUNDER & INSTITUTE



DR. PIRHEKAYATY—AKA DR. TARA PIR—IS A CLINICAL PSYCHOLOGIST AND DIPLOMATE IN BEHAVIORAL MEDICINE AND PROFESSIONAL PSYCHOTHERAPY WHO HAS BEEN IN CLINICAL PRACTICE, TEACHING, CONSULTATION, AND LEADERSHIP POSITIONS FOR OVER 30 YEARS. HAVING FOUNDED THE INSTITUTE FOR MULTI-CULTURAL COUNSELING & EDUCATION SERVICES (IMCES) IN 1989, DR. PIR HAS LED THE INSTITUTE TO BECOME ONE OF THE FEW NON-PROFIT OUTPATIENT COMMUNITY CLINICS DESIGNED TO TREAT THE VARIED NEEDS OF UNDERSERVED CULTURALLY AND LINGUISTICALLY DIVERSE COMMUNITIES OF LOS ANGELES.

IMCES PROVIDES VARIOUS PROGRAMS FOR CHILDREN, YOUTH, FAMILIES, AND ADULTS BASED ON THE PROVEN SUCCESS OF INTEGRATIVE, COORDINATED SERVICES IN PREVENTION AND EARLY INTERVENTION STRATEGIES, WHILE ALSO PROVIDING COMPREHENSIVE SERVICES FOR THE SEVERELY MENTALLY ILL POPULATION. OUR DIVERSE STAFF IS FLUENT AND COMPETENT IN VARIOUS CULTURES FROM AROUND THE WORLD, INCLUDING NINE DIFFERENT LANGUAGES: ARABIC, ARMENIAN, ENGLISH, FARSI, HEBREW, KOREAN, RUSSIAN, SPANISH, AND TAGALOG. WE UNDERSTAND, HONOR, AND RESPECT THE MANY DIFFERENT CUSTOMS THAT CULTURAL AND ETHNIC DIVERSITY BRINGS FOR TH. AT THE SAME TIME, IMCES PROMOTES SOCIAL JUSTICE AND STRIVES TO ELIMINATE THE STIGMA OF AND DISPARITY IN MENTAL HEALTH SERVICE DELIVERY WITHIN THE COMMUNITIES WE SERVE.

Հայերեն

ABOUT THE AGENCY

IMCES IS A FULL-SERVICE COMMUNITY MENTAL HEALTH CLINIC SERVING INDIVIDUALS AND FAMILIES OF ALL AGE GROUPS, CULTURES, & ETHNICITIES. OUR MISSION IS TO PROMOTE HUMAN RIGHTS AND FOSTER HEALTH AND RESILIENCY IN OUR COMMUNITY THROUGH EDUCATION, CULTURALLY PROFICIENT MENTAL HEALTH PROGRAMS AND SUPPORTIVE SERVICES, & PROFESSIONAL TRAINING—ON LOCAL AND GLOBAL LEVELS.

IMCES

INSTITUTE FOR MULTICULTURAL
COUNSELING & EDUCATION SERVICES

3580 Wilshire Blvd., Suite 2000
Los Angeles, CA 90010
Tel: 213-381-1250 Fax: 213-383-4803

431 N. Brand Blvd., Suite 202
Glendale, CA 91203
Tel: 818-240-4311 Fax: 818-240-4318

www.imces.org

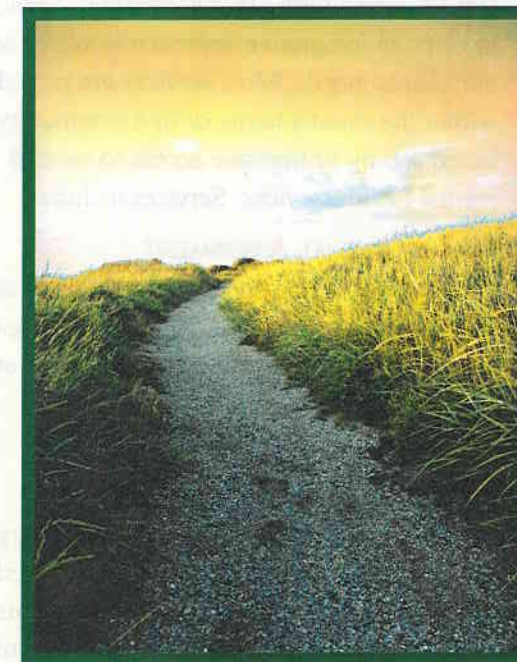


IMCES

INSTITUTE FOR MULTICULTURAL
COUNSELING & EDUCATION SERVICES

OUTREACH SERVICES

FIELD-CAPABLE
COMMUNITY SERVICES



A NON-PROFIT ORGANIZATION

ASSOCIATED WITH
DPI/NGO OF THE UNITED NATIONS

OUTREACH SERVICES

SPECTRUM OF SERVICES

IMCES offers a broad spectrum of culturally and linguistically appropriate community outreach services to individuals with mental health needs of all age groups and their families. These field-based services are designed to reach those individuals who may not be able to utilize mental health services in traditional clinical settings due to physical disabilities, transportation, or other limitations. IMCES works with other community agencies to offer an integrative approach to better serve our clients' needs. Most services are provided within the client's home or in a community-based setting to improve access to needed mental health services. Services include:

PSYCHOLOGICAL ASSESSMENT

Our mental health services include initial and on-going assessment. An initial psychological assessment is the first step to identifying an appropriate treatment plan.

TREATMENT PLANNING & CASE MANAGEMENT SUPPORT

IMCES provides a team of multi-disciplinary experts for treatment including a registered nurse, social worker, therapist, and psychiatrist. The client and other team members help map out goals that are important to the client. The team continues to meet on a regular basis to plan, evaluate, and monitor the client's needs and response to treatment.

INDIVIDUAL COUNSELING

IMCES promotes the healthy growth of individuals in all aspects of their wellbeing. A reduction or resolution of symptoms or problems enables our clients to gain and maintain employment and appropriate housing and achieve personal goals.

FAMILY INTERVENTIONS & SUPPORT

Our family services are designed to preserve, strengthen, and empower families while creating healthy environments. IMCES offers support for families including treatment development and education, also linkage to family support groups.

MEDICATION SUPPORT

IMCES offers medication support through the availability of a psychiatrist and psychiatric nurse. Our team members can assist clients with doctors appointments and obtaining proper medications.

TREATMENT OF CO-OCCURRING DISORDERS

Mental health disorders often interact with other disorders. IMCES provides specialized assessment and treatment interventions for co-occurring disorders, and referrals for other health care needs. IMCES also provides treatment and interventions relevant to substance abuse.

SOCIAL ADVOCACY & LIFE SKILLS TRAINING

IMCES is able to provide advocacy and training to:

- Develop social skills to strengthen relationships
- Develop community living skills and peer support
- Assist with budgeting, housing, and benefits

EMPLOYMENT ASSESSMENT

Our goal is for each client to achieve financial independence. We offer employment assessment and vocational skills training and development that will aid the client in obtaining and sustaining employment.

TELEPHONE SUPPORT

IMCES provides telephone response support: 24 hours a day, 7 days a week.

RECOVERY PROCESS

IMCES uses a "whatever it takes" approach to help individuals with mental illness achieve their individual recovery goals and achieve self-sufficiency. The recovery process includes improvement in mental health and quality of life in the areas of employment, education, meaningful relationships, and independence. The ultimate goal is to help our clients break through barriers to achieve emotional, mental, and financial stability to live successfully within the community.

